p-State Luminescence in CdSe Nanoplatelets: The Role of Lateral Confinement and an LO-Phonon Bottleneck

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We report excited state emission from p-states at excitation fluences well below ground state saturation in CdSe nanoplatelets. Size dependent exciton ground state-excited state energies and dynamics are determined by three independent methods, time-resolved photoluminescence (PL), time-integrated PL and Hartree renormalized $\mathbf{k} \cdot \mathbf{p}$ calculations – all in very good agreement. The ground state-excited state energy spacing strongly increases with the lateral platelet quantization. Our results suggest that the PL decay of CdSe platelets is governed by an LO-phonon bottleneck, related to the reported low exciton phonon coupling in CdSe platelets and only observable due to the very large oscillator strength and energy spacing of both states.

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Semiconductor nanoparticles have attracted growing attention in the last decade due to their promising optical and electronic properties . Two dimensional II-VI semiconductor nanoplatelets (NPLs) gained increasing interest due to their unique electronic and optical properties [1], such as the Giant Oscillator Strength effect [2–4], room temperature exciton coherence [5] and lasing [6], strong electroabsorption response [7] and size dependent dark-bright splitting [8]. With this letter we report on energies and dynamics of excited state emission from pstates in CdSe nanoplatelets by the means of temperature and time-resolved photoluminescence (PL) and Hartree renormalized $\mathbf{k} \cdot \mathbf{p}$ modeling. Figure 1 shows the evolution of the lowest exciton s and p-states with increasing transversal confinement and anisotropy in CdSe NPLs.

We show in this letter that the ground state-excited state energy difference of CdSe NPLs strongly increases



FIG. 1. Evolution of the electron *p*-shell degeneracy when an isotropic quantum box evolves into a platelet with an unequal side-length.

with the lateral platelet quantization and that the already described bi-exponential PL decay of NPLs is connected to the very large dipole moments of the excited state (ES) and ground state (GS) and a phonon bottleneck suppressing inter-relaxation. A dynamic thermal equilibrium between both states mediated by LO phonon scattering is observed. The strong transversal confinement related suppression of LO phonon modes in the NPLs [3], also observed as lifetime limited dephasing rates [4], results here in a slowdown of the ES–GS exciton transfer rate and subsequent visible ES luminescence well below ground state saturation. We show that the high energy emission originates systematically from the NPL's ES and correlates to the lateral confinement dependent ES-GS energy difference. Colloidal 4.5 monolayer (ML) CdSe NPLs were synthesized, characterized by TEM and embedded in PMAO films on thin fused silica substrates mounted in a liquid He cryostat according to detailed description in the Supporting Material. Our experimental setup allows the consecutive measurement of time-integrated (CCD-spectrometer) and timeresolved (streak camera) fluorescence of a sample with confocal excitation in the platelet absorption continuum (420 nm, SHG of a 75.4 MHz/150 fs Ti:Sa laser) and detection through an (NA=0.4) objective. The excitation density was held below moderate $0.2 \,\mathrm{W/cm^2}$ to avoid any heating, saturation and the presence of biexcitons (we estimate only < 0.1 percent of the platelets are excited within one laser pulse using ICP and absorption cross sections of She et al. [9]).

The PL spectra of the investigated CdSe core NPLs are displayed in Fig. 2 (a) showing a dual emission. Voigt-



FIG. 2. (a) Time-integrated PL emission of 4.5 monolayer (ML) CdSe NPLs with increasing lateral size from top to bottom at 4 K (blue lines). The ground-state (GS) and excited-state (ES) emission peaks are fitted with Voigt-profiles. The resulting peak positions are plotted as open (GS) and solid (ES) red dots vs. temperature. (b) Phonon Bottleneck: ES–GS integrated PL intensity ratios deduced from (a) vs. the ES–GS energy spacing at 4 K and 22 K. (c) Transient PL decay and evolution of the ES and GS emission with time and exemplary Voigt fits (platelet size 29x8 nm²).

fits are used to determine the peak centers of the ground and excited state emission plotted vs. temperature as open (GS) and closed (ES) red dots. The resulting integrated peak area ratios of ES and GS are plotted in Fig. 2 (b) versus the ES–GS energy difference ΔE showing a distinct minimum to be discussed later. The ES–GS energy differences ΔE are also presented in Figure 4 (a) as blue open circles. It can be seen that the energy difference increases from 18 to 36 meV with increasing lateral platelet confinement (a table of the experimental results is presented in the Supporting Material). We conclude further that this energy spacing observed in PL can not be related to an LO phonon replica, which would have a nearly confinement independent energy spacing to the zero phonon emission.

To assess the luminescence dynamics of both PL emissions we apply time-resolved PL using a streak camera in two different time scales. Fig. 2 (c) displays a PL tran-



FIG. 3. Blue lines: Representative examples of photoluminescence decay curves at 4, 35 and 100 K of CdSe NPLs with lateral size of $29x8 \text{ nm}^2$ (panels a and b) and $41x13 \text{ nm}^2$ (panels c and d). The bi-exponential fits (on top of data) to the fast time-range decays (a and c) use the long decay time derived from mono-exponential fits to the curves in (b) and (d) recorded in a wider time window. The instrument response function (green line) is used for deconvolution . (a) lower panel: ES (red) and GS (black) transients obtained from Voigt fits in Fig. 2 (c). Inset: Spectrally dispersed Streak Camera image of the PL decay in the first 0.5 ns of $29x8 \text{ nm}^2$ CdSe NPLs at 4 K. Excited state emission is clearly visible. The time range of panel (a) is indicated by a grey frame.

sient of $29x8 \text{ nm}^2$ platelets along with spectral cuts in time showing the evolution of the dual ES–GS emission. A fast ES PL decay and a slower GS PL decay can be observed and separated by fitting the spectral contributions vs. time (Figure 3 (a) lower part).

Fig. 3 (a) and (b) show the obtained PL decay transients for $29 \times 8 \text{ nm}^2 4.5 \text{ ML}$ NPLs in the fast (a) and slow (b) time range at different temperatures, (c) and (d) for $41 \times 13 \text{ nm}^2$ platelets. To avoid fitting ambiguities the PL transients in the fast time range are fitted with biexponential PL decays $(I = A_1 \cdot \exp(t/\tau_L) + A_2 \cdot \exp(t/\tau_S))$ using the long time constant τ_L obtained from a monoexponential fit to the long time range PL decay – panels (b) and (d) - as fixed parameter. In the long time range τ_L (~ 0.30 ns (29x8 nm²) and 0.22 ns (41x13 nm²) at 4 K) clearly dominates the long decay dynamics. With increasing lateral platelet size the PL decay tends to become faster in line with the predictions of the Giant Oscillator Strength (GOST) effect [10]. The lower panel of Figure 3 (a) shows the decay of the ES and GS obtained from Voigt fits in Figure 2 (c) for 2 ps temporal bins at 4K. It can be seen that the ES (red) fills the GS (black). A fit including the instrument response results in a 12 ps GS filling time scale. The ground state decays then with a much longer 220 ps time constant. The inset in Fig. 3(b) clearly shows the dual PL emission of the ground and excited state, with an ultra fast ES recombination as in Fig. 3 (a). The results of temperature dependent PL decay fits for the samples shown in Fig. 3 are plotted as inverse decay times in the inset (b) of Fig. 4. [11] To compare the experimentally obtained ES– GS energy spacings ΔE from time-integrated PL with time resolved measurements, we treat the ES, GS and vacuum state level as a three level system with a phonon mediated, thermally dependent, scattering channel (rate γ_0) between ES and GS analogous to Refs. 12, 13, to investigate a phonon bottleneck. This system features a bi-exponential PL decay with a short (τ_S) and a long decay constant (τ_L), and intrinsic ES and GS decay rates Γ_{ES} and Γ_{GS} :

$$\tau_S^{-1} = \gamma_0 (1 + 2/[\exp(\Delta E/k_B T) - 1]) \quad (1)$$

$$\tau_L^{-1} = \frac{\Gamma_{ES} + \Gamma_{GS}}{2} - \left(\frac{\Gamma_{ES} - \Gamma_{GS}}{2}\right) \tanh\left[\frac{\Delta E}{2k_B T}\right] \quad (2)$$

Using the results of bi-exponential PL decay fits (Fig. 3) (a) and (c)) the plotted corresponding fast (τ_S^{-1}) and slow (τ_L^{-1}) inverse decay constants in Fig. 4 (b) are fitted with Eqs. (1) and (2) versus temperature. In order to reduce fitting ambiguities related to the four partially correlated parameters, the corresponding experimental ΔE^{PL} value in Fig. 4(a) is used as fixed parameter. These energy differences ΔE^{PL} – derived from time integrated PL – are confirmed by the plotted 50% prediction bands for both the long and the short component of the biexponential PL decay. This is an independent confirmation that we really observe a ES–GS energy spacing in PL. Further, it turns out that the long component (τ_L) is more sensitive to temperature changes than the short one and hence provides the more conclusive argument for the ES-GS energy spacing. The applicability of the inferred three level model lets us conclude that the bimodal PL distribution is related to a phonon bottleneck between ES and GS and a very large oscillator strength of both GS and ES to vacuum state transitions enabling to observe both emissions in PL at the same time.

The observed increase of the ES-GS energy spacing with confinement (Fig. 4(a)) is expected for a strongly confined system. [14, 15] Further, e.g. for the $29 \times 8 \text{ nm}^2$ NPLs the low temperature scattering rate γ_0 ($\tau_S^{-1} = \gamma_0 =$ $8 \cdot 10^{10} \,\mathrm{s}^{-1}$ for $T \to 0 \,\mathrm{K}$) of the rate equation model, representing the phonon bottleneck, is in good agreement with the fast rise kinetics of the GS emission $(12 \cdot 10^{10} \, \text{s}^{-1})$ derived from Fig. 3 (a). This is an additional confirmation of the existence of a phonon bottleneck dominating the ES–GS dynamics in CdSe NPLs. The strong transversal confinement related suppression of energetically matching LO phonon modes in the NPLs [3], also observed as lifetime limited dephasing rates [4] results here in a slowdown of the ES–GS exciton transfer rate. For our platelets of different lateral size this LO phonon bottleneck is also observed in the ratios of the time in-



FIG. 4. (a) Energy difference ΔE between the hh groundstate and excited-state luminescence from time integrated PL (Fig. 2) and our calculations plotted vs. the NPLs' CdSe core area (lateral extensions in nm (in parenthesis), dotted line only a guide to the eye). CdSe-CdS core wings NPLs (8x8 nm² core size) were also measured (Supp. Material). (b) Decay rates of 29x8 nm² and 41x13 nm² NPLs from time-resolved PL measurements vs. temperature. The PL energy difference ΔE^{PL} was held fixed when fitting Eqs. (1) and (2) to the fast and slow decay rates, τ_S^{-1} and τ_L^{-1} (solid lines). The 50% prediction bands of the fits are shown as dotted lines.

tegrated ES–GS emissions when correlated to the corresponding ES–GS energy spacings in Figure 2 (b). A clear minimum can be seen as the spacing approaches the CdSe platelet LO phonon energy of 25.4 meV [16] (plotted for exemplary temperatures of 4 and 22 K). In case of resonance the high density of LO phonons energetically matching the ES–GS spacing leads to a fast relaxation of the ES population to the GS resulting in a small ES–GS intensity ratio. In the off resonant cases for low and high ES-GS spacings the ES \rightarrow GS relaxation is more suppressed leading to a higher ES contribution to the emission. This is again a clear manifestation of a phonon bottleneck in our NPLs. In the following we will compare our experimental ES-GS energy differences with theoretical calculations.

The samples considered in this work, have different lateral sizes in l_x and l_y direction and a much smaller thickness l_z . For such structures, excited states (p-states), energetically well separated from the ground state, are expected. Figure 1 shows the evolution of the electron p-shell as the level of structural anisotropy increases up to $l_x > l_y > l_z$. In this case the p_x state constitutes the lowest excited state followed by the p_y and the p_z state. As the vertical platelet dimension is very small, the p_z state is expected at very high energies. A similar reasoning applies to the excited hole states. Fig. 5 provides an overview of the lowest allowed optical transitions: The ground state transition occurs between the electron and hole *s*-states, the first excited state transition is related to the lowest *p*-states, which we label p_x , as the *x*-axis corresponds to the longest axis of the platelet.

The electronic properties and optical transitions of our 4.5 ML CdSe NPLs are calculated in accordance with TEM data (Supporting Material). Following our previous work [3] the electronic structure is obtained using a 3D implementation of eight-band $\mathbf{k} \cdot \mathbf{p}$ envelope function theory. The Coulomb interaction is taken into account via a Hartree self-consistency cycle, performed separately for electron and hole ground state and their first excited states. Both, the effects arising from the dielectric environment and the electron and hole self-energy are included. The calculated heavy hole transition energies



FIG. 5. Overview of the allowed optical transitions observed in experiment along with wave-function probability density plots in real space and an observed ES–GS PL spectrum.

are compared to experimental values in table 1 (Supplementary Material): $E_{GS}^{(Theo)}$ corresponds to the calculated energy of the ground state exciton, and $\Delta E^{(Theo)}$ is the energy difference to the excited state transition, $p_x^e - p_x^h$ shown in Figure 4 (a). The theoretical and experimental values of both quantities show a very good agreement (see also supp. Material), thus, supporting the direct observation of an excited state - ground state energy spacing ΔE in our experiments.

In summary we have shown that CdSe NPLs exhibit not only lowest hh s-exciton state (GS) related photoluminescence upon continuum excitation, but also p-state (ES) luminescence far below GS saturation. Calculations and time integrated PL show a strong increase of the ES–GS energy spacing from about 18 to 36 meV with increasing quantization of the exciton wavefunction. The existence of a phonon bottleneck between ES and GS is confirmed by three methods: A rate equation model for the temperature dependence, the temporal course of ES and GS emission and the observation of an ES/GS intensity ratio minimum in the time-integrated PL for size dependent ES–GS energy spacings resonant to the LO phonon energy of 25.4 meV in the CdSe NPLs. We conclude further that the presented double emission in PL is not related to an LO phonon replica, which would have the same GS dynamics and a practically confinement independent energy spacing to the GS emission. In contrast the observed bi-exponential PL decay of nanoplatelets is related to a phonon bottleneck between ES and GS populations.

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