

The Characteristics of the Psychological Excitement Performance of the Students Before the Exam

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Aim of the study: Nowadays, there are important role of the higher education institutions for the training of professionals and a full-fledged healthy people. There are important features of reading in the Higher education institutions. It depends on the students' chosen specialties, living environment, age, nutrition and bad habits and etc. These factors affect the bodies of students multiparameter. It results a number of psychophysiological functions, especially the changes against reactions which coming from the environment effects of the nervous system. One of the main reasons of the mental strain is the students' test stress and the result leads to deterioration of mental functions. The literature of last year is cited examination process as a factor that can create psychological trauma.

Materials and methods: The Ganja State University bachelor and master students will be involved in the research for carry out studies. So, the psycho-physiological studies are planned over 17-18 year old students that study at first course, 21-22 year-old students studying in the fourth year, the 24-25-year-old masters that study at the last course. The participants should be practical voluntary and healthy. They are important terms. Minimum 30-40 students in each group will be explored. During the studies are carried the psychological-alarminicators, as well as electrophysiological studies. The following tests are used during the psychological- alarmexamination. In order to determine the level of excitement of Taylor test, to determine the level of situational and personal excitement Spilberger-Khan's test, to determine the status of the intellectual Ayzenko test, to determine the level of motivation of gaining successes and the fear of failure A.A. Reantest, to determine feeling yourself, activity and mood San test with the help of the above-mentioned tests, are defined changes with effects of emotional stress of psycho-physiological indicators anxiety, intelligence, understanding and so on.

Results: It is clear from research that, the highest emotional tension is in the students of the lower course. The physical strain in the students studying the physics faculty is higher than the history faculty students. Perhaps the reason of this has been the basis of our research surveys that, historians are ready to understand and give information about their problems better than physicists. Indicators of emotional stress was higher in members of girls group than the members of boys group. This is explained by the fact that, girls confess their complaints clearer than the boys. In addition, we can come this conclusion that, the most of the stress from exam time was in the first and second course students and for the removing this problem should be made psychological assistance.

Keywords: Stress, electrophysiological, comprehension.