

REFLECTION CONTEMPLATION PHASE AS NECESSARY CONDITION OF IMPLEMENTATION EDUCATIONAL PROCESS OF UNIVERSITY

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In the modern world system installation of professional education came to a mismatch with social and economic processes and rapidly changing transformations. There was a problem of formation of future university graduate who will be capable to meet requirements of both educational and professional standards. Today the content of work demands from a specialist and a master not only high qualification, but also competence, the corresponding intellectual and professionally significant personal qualities.

Efficiency of activity along with professional competence of the specialist is defined by his personal qualities, spiritual and moral potential. Morality makes a radical condition of originally human existence. The moral principles form the cultural environment in which there is possible an improvement of the person and of humanlife. Moral principles are developed and transmitted from generation to generation through culture[1]. The result of activity of the university graduate, its compliance to laws of existence of the Nature is not less important. Therefore it is important to teacher of the higher school to bring up in future creator the civic stand, social activity, decency, justice, kindness and other universal values defining today image and prestige of the university graduate. It is impossible formation of these qualities without growth of consciousness.

In order that the listed personal qualities appeared at future graduate of the higher school, it is necessary to teach him to carry out the principle of feedback. This principle will help to answer questions: "Whether so I live?

What I aspire to? What today I made useful? Whether everything is corresponding to the nature in my life?" It follows from this that have to exist as lectures, practical and seminar training, and reflection contemplation phase in educational process of University. Such phase existed in Platoon's Academies. Today this educational institution can be considered as a prototype of the first institution of higher education in Europe. The phase of contemplation allowed pupils of the great philosopher to understand an essence of his views, to get deeply into sense heard during the day and to create prerequisites for own harmonious train of thought. As a result we received views of great people whose works still are a standard and the fundamental basis of a modern scientific thought.

Time in which we live is time of the fundamental changes which happen in mind of all mankind, emergence of new understanding of the world and place of the person in this world. The global social disasters, natural cataclysms are result of human activity which put a problem of survival of mankind, further existence of the person and the world created by it with inevitability. In this regard, education of the younger generation requires special attention of society in difficult conditions of economic and spiritual crisis. And the state as here the future foundation is laid. Therefore in educational process of the modern higher school the contemplation reflection phase has to appear. It will allow carrying out reflexive process in consciousness of future graduate of the higher school. And this process will be corresponding to the nature because it leads the student to harmonious existence in the Universe and to an evolutionary way of development.

At all new approaches to the solution of problems in a modern higher educational institution continue to prosper traditional orientation in relation to acquisition of knowledge, and a problem which graduates should face

after the termination of university, remain. And nobody undertakes to solve them. Education in which knowledge is not spiritualized also the ethical bases of life in neglect poses a serious threat for society.

At the same time today the progressive pedagogics steadily seeks to make active internal spiritual and moral structures of the personality. One of the most effective remedies of impact on the personality for the purpose of her development is the training. In our opinion, training occupations can promote development of ability to use a reflection for creative thinking about problems of the life and professional activity, for correction of behavior.

The training is the multipurpose method of harmonization of professional and personal life of the person[2].It is directed at the acquisition of knowledge, attitudes, skills and experience in interpersonal communication and focuses on the development of skills of self-realization and self-improvement of the future specialist.It gives the chance to trace strong and weaknesses of activity of the student; allow giving him necessary help, to make the program of his development, to correct shortcomings quicker. Besides the role of formation not only mental abilities, but also creative activity, the originality based on the sufficient level of the general and professional culture increases in a training.

It gives the chance to trace strong and weaknesses of activity of the student, allows giving him necessary help, to make the program of his development, to correct shortcomings quicker.The role of the formation of not only intellectual ability, but also creativity, originality, which is based on a sufficient level of general and professional culture, increases in training.

Note that the reflective approach during training sessions involves the stimulation of the internal forces of personality, self-development of its internal energy. It contains a feedback mechanism, reflection in human life. This is not only a certain result, but the process that is associated with the internal transformations, with the creation of innovative creative knowledge content.

In our opinion, reflection through training activities able to provide direct student self-control behavior, the analysis of what is happening, the ability of the future specialist to coordinate their actions with the situation and coordinate them in accordance with the changing conditions and the state of their own. Reflection helps to think about their current activities, the degree of expansion of decision-making processes. A tendency to introspection in specific situations and to the analysis already carried out activities in the past and realized events. Analyses of the upcoming activities, behavior, predict probable outcomes, careful planning of details of his behavior, orientation towards the future manifests itself in reflection.

The scientific research of student readiness for self-development confirmed that 10% of respondents are capable to active evolutionary development; 90% of respondents have no system of self-development, and orientation to development depends on conditions. Thus, the phenomenon of a reflection allows "to start" a feedback mechanism and to formulate steady consciousness of future specialist.

Take stock of meditation can be a student of the first course, which was held a training of communication. "The training that I took is an opportunity to gain the skills of a new world view, a new behavior for more effective interaction with the world. I realize greater success in various areas of external action, greater peace of mind, confidence, creating a harmonious. They based on a greater understanding of relations at a more effective

interaction with the world. At the same skills that I have received the training, they are robust and effective. Independent use them in further life constantly recreates those results on which they are calculated. The value of this training is, first, in results, secondly, that with each received result I expanded the scale of the personality; I became more aligned, steadier, more reaching. I raised the "quality of life". The term is difficult defined, but it is clear as an exponent of satisfaction with the life. It is possible to tell that I pulled out outside the extra mental fears, got rid of internal barriers by means of other participants. I learned how I am perceived by surrounding people in the course of this training. It allowed to reveal and further more effectively to apply the merits, to create more adequate assessment of the abilities, to see own mistakes and shortcomings of communication. The training is a mirror in which I had an opportunity to see myself from outside by means of other participants".

Thus, in our opinion, trainings are the stimulating factor of motivation of training, development and self-improvement of future university graduate.

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